STAR OF THE SEA, CANSO
ST. AGNES, LITTLE DOVER
ST. VINCENT DE PAUL, QUEENSPORT
ST. JOSEPH'S, PORT FELIX

PASTOR: FR. JONATHAN OBINNA NNAJIOFOR, 366-2927
CONGREGATION OF NOTRE DAME 358-2346

The complete text of this bulletin is also available on the parish's website at www.cansoparishes.org

SOLEMNITY OF CORPUS CHRISTI - YEAR A – JUNE 07, 2026

WEEKEND MASS INTENTIONS –
Saturday, June 13, 2026 - 4:30 p.m. St. Vincent de Paul's Church, Queensport - ♥*For the Faithful*
Saturday, June 13, 2026 - 6:00 p.m. St. Joseph's Church, Port Felix - †*Donna Horne*
Sunday, June 14, 2026 - 9:30 a.m. St. Agnes Church Hall, Little Dover - ♥*For the Faithful*
Sunday, June 14, 2026 - 11:00 a.m. Star of the Sea, Canso - †*Katherine McCormick*

WEEKDAY MASS TIMES –
Thursday, June 11, 2026 - **6:00 p.m. - St. Anthony's Chapel, Canso - NO MASS**

REFLECTION ON TODAY'S READINGS – ***Holy Eucharist: The Food of Eternal Life!***

Jesus offers himself to us as the bread of life. The bread he gives is his flesh. He insists that those who eat his flesh will live forever, and those who do not eat it will not have life in them. This is a strange and mind-torturing teaching. In fact, if we hold on to what is visible, human, and logical, we shall never be able to get in touch with the divine mystery. But we know from the Gospel of St Mark (14:22-24) how, during the Last Supper, the Lord instituted the Eucharist. He took bread, blessed it, and gave it to his disciples, saying, ***"Take, this is my body."*** *Then he took a cup of vine, blessed it, and gave it to them, saying,* ***"This is my blood of the new covenant which is shed for many."*** *The Eucharist, therefore, is the covenant of communion Jesus offers us, by which he lives in us and we in him. Today we are called to a deeper appreciation of the Holy Eucharist, which is the true body and blood of Christ. The question then becomes:* ***Do I receive the Holy Communion reverently or just as an ordinary bread?*** *We who receive the Body and Blood of Christ partake of the eternal life He has gained for us. At the same time, participating in the Eucharist implies that we need to make an effort to become like Jesus Himself.*

SUNDAY COLLECTIONS – 30th/31st May 2026

Star of the Sea	
Envelopes (20)	**330.00**
Loose	**15.00**
Cemetery Maintenance (2)	**70.00**
St. Agnes	
Envelopes (17)	**245.00**
Cemetery Fund (1)	**50.00**
St. Joseph's	
Envelopes ()	**N/A**

Confirmation Class Sign-up: We are calling on all parents who have kids between Grades 8 – 12 who have not received the Sacrament of Confirmation and are willing to do so to register by calling the Parish Office or sending an email to frjonathan@cansoparishes.org. You can also sign up by clicking/copying this link - **https://forms.gle/R5TtfpdfBxr2wxxG9**

Cemetery Notice – All Parishes: This is a reminder that the Cemetery maintenance fee of **$50.00** is now due. It can be paid in a lump sum or in installments. All support is very much appreciated.

STAR OF THE SEA NEWS

Ministries Schedule – June 14, 2026
Lector – ***Marie Parker***

Cleaners – June 07 – 13 – ***"Baker Girls"***

ST. AGNES NEWS

Money Bingo: Every **Sunday.** The time is ***7:00 pm.***

Chase the Ace: This takes place every ***Thursday @ 7:00-8:00 pm***.

ST. JOSEPH'S NEWS

Bingo Game – Every ***Saturday***, starting at ***7:30 pm***.

Parish Picnic – The date is scheduled for ***27th June 2026***. More details to follow

WEEKLY NEWS UPDATE

July 10-12
Steubenville Atlantic
Steubenville is a youth conference happening this summer in Halifax. It is a joyful encounter with Jesus with other teens from all over. Steubenville Atlantic is the biggest Steubenville conference since 2009.
There is a group attending from the Diocese of Antigonish.
Limited spaces available. If interested: https://www.steubenville.ca/

September Pilgrimage 2026: Two options departing Sept. 15
With Fr. Andrew Gillies & Group Leader, Rhonda-Lynn Cormier
Option #1: Medjugorje only, Sept. 15-23, 2026, Climb Apparition Hill and Cross Mountain, tour UNESCO city, Mostar's Basilica. Estimated Cost: $3,299. (Halifax-return.) Single supplement: $350.
or
Option #1 & #2: Full European Pilgrimage, Sept. 15-30, 2026 -15th: Medjugorje -21st: Fly to Lisbon, visit the Eucharistic Miracle Sanctuary in Santarem, Fatima (candlelight procession) -24th: Avila, Spain, shrines & relics of St. Teresa of Jesus & St. John of the Cross. -25th: Lourdes, joining Pope Leo for his Papal Visit to France at Grotto of Massabielle, the baths & places associated with St. Bernadette. -28th: Fly to Rome: Private Mass at Vatican & Papal Audience. Estimated Cost: $6,999.00 (Based on a 10-person minimum; Halifax-return). Single supplement: $1,075.
Included: Local guides at each location. All flights listed in the itinerary (including Split-Lisbon and Toulouse-Rome for Opt. 2), accommodations, 2 meals daily. Departures from other airports can be arranged. Contact: 902-448-3660

Upcoming Activities
Centre of Rural Aging and Health
NSCC, Port Hawkesbury
We will soon be wrapping up CORAH activities as we head into the summer, but before we do, we invite you to join us for a variety of engaging and enjoyable programs. Take part in Guided Meditation, relax with an Afternoon at the Movies, or stay active with Chair Yoga or Tai Chi at the Creignish Hall. There are also plenty of creative and social opportunities, including Crafternoon and Scrabble Club, Legacy Journal Writing, as well as a Digital Literacy Workshop. Don't miss our ever-popular CORAH Café held every Wednesday and Friday from 9:30-10:30am, where you can enjoy meaningful conversation over a complimentary tea or coffee and a small snack. We would also like to extend our sincere thanks to everyone for your continued support over the past few years – it truly means so much to us. We look forward to seeing you as we celebrate a wonderful year together.

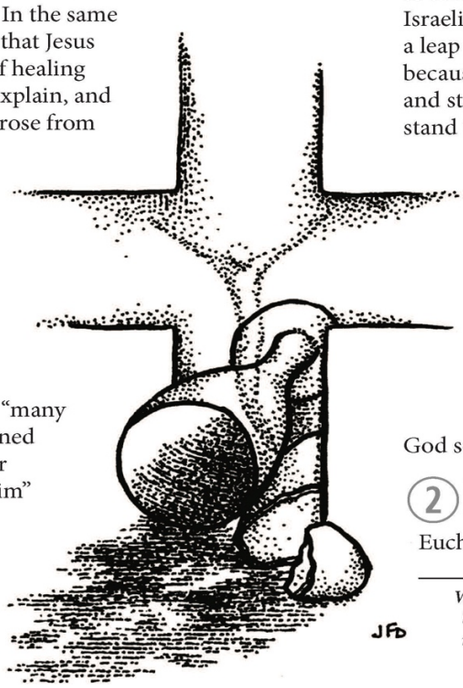
To Eat or Not to Eat?

This Week's Readings at Mass

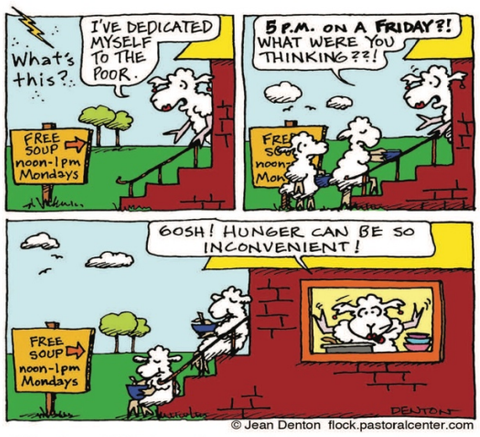
- Deuteronomy 8:2-3, 14-16 - God's care
- 1 Corinthians 10:16-17 - The Eucharist vs. pagan sacrifices
- John 6:51-58 - The living bread

The Gospel reading today picks up partway through a dispute between Jesus and some quarreling Jews. Jesus told them bluntly, "I am the bread of life... whoever eats of this bread will live forever" (6:35).

The Jews, of course, are confused when they imagine literally chewing on someone's flesh and drinking his blood. We can understand this confusion when we as Catholics teach children about this mystery of the Eucharist. In their literal way of understanding, kids are confused too about how bread and wine could possibly be Jesus' body and blood. As adults, though, we can move beyond a need for literal understanding (how can the consecrated host be Jesus' body if it still looks and tastes like bread?) to try to accept a mystery that our minds will never be able to explain. In the same way, we recognize that Jesus worked miracles of healing that science can't explain, and we believe that he rose from the dead even though everything else in our lives tells us that would be impossible.



A few verses after today's passage, the Gospel writer tells us that "many of his disciples turned back and no longer went about with him" (Jn. 6:66) because of this difficult teaching. Others, like Simon Peter, chose to stay with Jesus. The difference between those who turned away and those who stayed was one of being willing to take a leap beyond rational understanding. The Israelites who were given manna in the desert took a leap of faith and chose to eat it—and they survived because of it. They could have left it on the ground and starved to death because they couldn't understand where it appeared from or what it was. In the same way today, Jesus offers us himself—in the Eucharist, in scripture, and the physical company of believers, "the body of Christ." We can open ourselves to receiving the food he sends us, or we can refuse it because we don't understand it.



"The bread that we break, is it not a participation in the body of Christ?"

Sheepish Question:

When and with whom can I share the bread of life this week?

Questions of the Week

1. How has God fed you during a lean time in the past? What blessings did God send that got you through your desert?

2. Is it easy or hard for you to get past trying to understand Jesus' real presence in the Eucharist on a rational level? In what ways?

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